

In support of improving patient care, Hartford HealthCare is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

**Physicians**: Hartford HealthCare designates this live activity for a maximum of 1.5 *AMA PRA Category 1 Credit*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Psychologists:** Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs. This activity is designated for a maximum of 1.5 APA CEP credits.

**Nurses:** This activity is designated for a maximum of 1.5 ANCC contact hours.

**Social Workers:** As a Jointly Accredited Organization, Hartford HealthCare is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Hartford HealthCare maintains responsibility for this course. Social workers completing this course receive a maximum of 1.5 general continuing education credits.

**All Other Learners:** All other learners will receive a Certificate of Participation for a maximum of 1.5 hours of education.

**How Do You Feel? One Doctor's Search for Humanity in Medicine**

***Author: Jessi Gold, MD, MS***

**Thursday, November 21, 2024**

**3:30-5:00 pm**

**Bone & Joint Institute Auditorium**

**31 Seymour Street, Hartford**

or via Zoom <https://hartfordhealthcare.zoom.us/j/96458434642>

Join the author as she discusses wellbeing and her poignant and thought-provoking memoir following one psychiatrist and four of her patients as they deal with the unspoken mental and physical costs of caring for others.

A person smiling at camera

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***100 free books available to attendees***

**RSVP:** Email [WellBEing@hhchealth.org](mailto:WellBEing@hhchealth.org), regardless of whether you plan to attend in person or virtually

***Psychiatrist Jessi Gold, MD, MS, is the Chief Wellness Officer of the University of Tennessee System and an associate professor in the Department of Psychiatry at the University of Tennessee Health Science Center. She is a fierce mental health advocate and highly sought-after expert in the media on everything from burnout to celebrity self-disclosure.***

A book cover with text and smiley faces

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**Book Discussion**

Sponsored by the HHC Institute of Living and the Well-Being Department